

RESUME

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Education-

- Masters of Arts in Psychology from Mithibai College, University of Mumbai in 2014
- Bachelor of Arts in Psychology from Mithibai College, University of Mumbai in 2012
- HSC from Mithibai College in 2009
- High School (SSC) from St. Xaviers, Andheri in 2007

Achievement-

- Cleared NET exam December 2015

Work experience-

- Working as Assistant Professor in Assam Women's University, Jorhat since February 2017
- Worked as a counsellor cum PGT psychology in Army Public School, Jorhat from April 2015 till February 2017
- Worked as an intern in Libratherm instruments pvt. Ltd, Dahisar, Mumbai for 1 month from 16th August 2013 to 15th September, 2013
- Worked as an intern in ADAPT, Bandra, Mumbai for 100 hours from 15th November 2010 to 22nd December, 2010

Areas of Interest-

Research Methodology, Social Psychology, Counseling Psychology, Cognitive Psychology, Industrial Psychology, Statistics in Psychology and Developmental Psychology

Researches published-

- "Effects of Frequent Change of Schools on School Going Children: A Narrative Interpretation", The International Journal of Indian Psychology, Volume 4, Issue 2, No. 87, 43-50, ISSN: 2348-5396(e), ISSN: 2349-3429(p), ISBN: 978-1-365-71287-6

Researches presented-

- Presented a research paper titled "Accept Me, Reject Me, I am Still Me: Relationship between self esteem and extraversion in college aged girls" at the Indian Council of Social Science Research (ICSSR) seminar: "She Can and She Will: Redefining Boundaries" held at Sophia College for Women, Mumbai on 24th January, 2013.
- Presented a research paper titled "Openness to experience and extraversion: A co-relational study" at 26th Annual National Conference of Marathi Manasshastra Parishad (MMP) seminar: "Positive Psychology" held at Chetana College, Bandra (E), Mumbai on 10th and 11th February, 2012.
- Presented a research paper titled "Birds of a Feather Actually do Flock Together" at Manshodhan-II, a research project presentation conference at Mithibai College, Mumbai on 26th November, 2011.
- Presented a group research paper titled "Dadaji signed in: Effect of use of Internet by the Elderly on their Marital Satisfaction, Memory and Stress level" at Trishool-2011 research paper presentation conference: "Old Age" at P.N. Doshi SNDT Women's College on 3rd February, 2011.

Seminars and Workshops attended-

- Attended orientation training on supportive interventions for children with learning and behavioral problems organized by INPCCD, Guwahati from 9th may to 13th may 2016
- Participated in one day workshop on the use of statistical tools in biomedical research organized by DBT project, LGBRIMH, Tezpur on 21st January 2016
- Participated in one day workshop on "Assessment and counseling of Children and Adolescence" organized by department of human development and family studies, A.A.U, Jorhat held on 7th November, 2015

- Participated in 2 days international seminar on "Art and Expressive therapies for trauma: Indian and US perspectives" organized by Nagindas Khandwala College, Mumbai and Indiana State University, USA, on 18th and 19th December, 2014
- Participated in one day seminar on "text mining: paradigm shift in psychological research" conducted by Dr. Debdulal Dutta Roy, organized by Mithibai college, on 4th January 2014
- Completed basic course in integrated clinical hypnosis and received the title of "Master Hypnotist" by board of directors of California Hypnosis Institute of India.
- Attended workshop on metaphor therapy held by Kirti Bakshi on 30th June 2012 and 1st July