

# CURRICULUM-VITAE

## Personal Details

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## Educational Qualifications

Degree/Course	Institution	University/Board	Year of Passing
M.A. Psychology	Daulat Ram College	University of Delhi	2015
B.A (Hons.) Psychology	Daulat Ram College	University of Delhi	2013
AISSCE (Stream: Humanities)	Army Public School, Narangi	C.B.S.E	2010
AISSE	Vivekananda Kendra Vidyalaya, Golaghat	C.B.S.E	2008

**Qualified for Assistant Professor (Psychology) in CBSE-UGC National Eligibility Test (June, 2016)**

**Areas of Interest:** Clinical & Developmental Psychology, Psychological Testing, Psychotherapeutic Approaches

## Work Experience

- 1. Current Position:** Assistant Professor, Department of Psychology  
Assam Women's University, Rowrah, Jorhat, Assam

**Working Since: February, 2017**

- 2. Previous Organization:** Ashadeep Mental Health Society, Guwahati

**Position: Psychologist**

**Work Responsibilities:**

- Developing and executing individual treatment plans, therapeutic interventions, psychological assessments and family reintegration for the residents in the 3 rehabilitation homes of Ashadeep as rescued and admitted under the project of Homeless People with Mental Illnesses.
- Administering awareness programmes and caregivers' training programmes in rural areas, and executing psychological assessment, interventions, and disbursing medicines in outdoor clinics for Community Mental Health Programmes.

**Working period-** 16<sup>th</sup> December, 2015 to 31<sup>st</sup> August, 2016

## Internships & Volunteering

- Author for university courses in Psychology at **Professional Education Organization International (PEOI)** through **United Nations** Online Volunteering programme.
- Intern for **Psychology** under the **e-PG Pathshala Project of UGC & MHRD** from July to September, 2015.
- Clinical Psychology intern at the **Department of Psychiatry, Gauhati Medical College and Hospital**, for 50 days in the time period of 23<sup>rd</sup> May, 2014-20<sup>th</sup> July, 2014.
- Worked with **homeless women with mental illnesses** at **Ashadeep Mental Health Society, Guwahati**, during June, 2012.
- Worked as intern for children with various Developmental Disorders in **Ashadeep Mental Health Society, Guwahati**, during December, 2011.

## Seminar Presentation

Authored and presented **research paper titled “Representation of the Indian woman: the Male eye and the Media lens”** at **National Seminar on “Media-mediated realities and its impact on psycho-social well being”** organized by Innovative Research team of Bhim Rao Ambedkar College, University of Delhi on 13<sup>th</sup> April, 2013.

## Positions Held

- **Editor**, Department of Psychology, University of Delhi's annual magazine- Insight.
- **Vice-President, Psychology Association**, Daulat Ram College, University of Delhi for the year 2012-13.
- **Representative member** for B.A.(Hons.) Psychology 2<sup>nd</sup> year, Psychology Association, Daulat Ram College, University of Delhi for the year 2011-12.

## Achievements and Participations

- Secured **1<sup>st</sup> rank in B.A.(Hons) Psychology**, 3<sup>rd</sup> year among the North Campus colleges of University of Delhi with **76.8%** marks.
- Attended the 11<sup>th</sup> Mid-term CME of Assam State Branch of **Indian Psychiatric Society** held on **11<sup>th</sup> July, 2015** on the theme **“Liaison Psychiatry.”**
- Attended **workshops on “Psychotherapy of Obsessive Compulsive Disorder” and “Legal and Ethical Issues of Psychotherapy”**, on **21<sup>st</sup> June, 2014** organized by Proyash and Dysphrenia Academic Publisher.
- Attended **workshop on “Early Identification and early intervention for children with Autistic Spectrum Disorder”** on **19<sup>th</sup> December, 2011** organised by Com-DEALL Trust, Bangalore in collaboration with Navajbai Ratan Tata Trust, Mumbai and hosted by Ashadeep, Guwahati.
- Attended a **workshop on ‘Developing Communication Tools for Awareness Generation on Mental Health’** organized by Ashadeep Mental Health Society in association with Navajbai Ratan Tata Trust, Mumbai. Made video and audio clips as a part of the awareness programme and won **the first prize in the film category.**

- Attended a **two day workshop titled: Basic Counseling Skills on the 31<sup>st</sup> of August and 1<sup>st</sup> September 2012** at the National Heart Institute, New Delhi.
- **Winner of Quiz competition based on ‘Mental Health Awareness’ held in Lady Shri Ram College for Women, University of Delhi**, on the occasion of Mental Health Awareness Week, 2011.
- Winner of the **“Best Student”** award for the **2008 outgoing batch** of Vivekananda Kendra Vidyalaya, Golaghat, Assam.