

BIODATA

Name : Dr. Begum Affrin Zaman

Name of the Post appointed : Assistant Professor in the Department of
Physiotherapy

Job related Skills : Cardiorespiratory, Musculoskeletal,
Neurological, Exercise Therapy

Category : Medical

Sub category : Physiotherapist

Duration of Experience : 5 years in Clinical practice
1 month as a Lecturer in Assam Downtown
University prior joining AWU.

State : Assam

Gender : Female

Date of Birth : 13.04.1988

Marital Status : Single

Languages known : English, Hindi & Assamese

Highest Qualification attained : Masters in Physiotherapy-CRD

Major/Specialization : Physiotherapy in Cardiorespiratory Disorders
(MPT-CRD)

E-mail ID : affrin.zaman@rediffmail.com

Contact no. : 9707773368

Permanent Address : D/o Md. Jaman Ali, Gohain tekela Road, Near
Borpool, Jorhat- 785002

OBJECTIVE:

- To work with a center of therapy that give a chance to improve knowledge and skills as a physiotherapist and climb up the ladder of success along with taking my organization to heights of popularity and respect.

PROFESSIONAL QUALIFICATION:

- Masters of Physiotherapy in Cardiorespiratory Disorders(MPT-CRD) from College of Physiotherapy and Medical Sciences, Bamunimaidan, Guwahati affiliated to Srimanta Shankaradeva University of Health Sciences, Guwahati in February'15.
- Bachelors of Physiotherapy(BPT) from College of Physiotherapy and Medical Sciences, Bamunimaidan, Guwahati affiliated to S.N.D.T Women's University, Mumbai in 2010.
- Completed Internship from Dr. Balabhai Nanavati Hospital, Mumbai under Dr. Ali Irani, HOD of Physiotherapy, Rehabilitation and Sports Medicine in 2010.
- **Dissertation:**
A dissertation on ' Comparative Study on the Immediate Effects of Deep Breathing Exercises with PEP device verses Incentive Spirometry with EPAP on preventing Pulmonary Complications following Coronary Artery Bypass Surgery' under the guidance of Dr. Kiran.V, Professor and Dr. Barnali Bhattacharjee, Lecturer, College of Physiotherapy and Medical Sciences, Bamunimaidan, Guwahati, have been submitted to Srimanta Sankaradeva University of Health Sciences(SSUHS), Guwahati in Nov'14.

Examination	Board/University	Year of Passing	Percentage Secured
M.P.T II nd Yr	SSUHS	2015	63.75%
M.P.T Ist Yr	SSUHS	2014	67%
B.P.T 4 th Yr	SNDT Women's University	2010	66.63%
B.P.T 3 rd Yr	SNDT Women's University	2009	72.29%
B.P.T 2 nd Yr	SNDT Women's University	2008	68.71%
B.P.T 1 st Yr	SNDT Women's University	2007	60.50%

INTERNSHIP TRAINING:

- Dr. Balabhai Nanavati Hospital, Vile Parle(West), Mumbai, under Dr. Ali Irani, HOD of Physiotherapy, Rehabilitation and Sports Medicine.
- Completed postings in the following departments:
 - Outpatient Physiotherapy Department
 - Paediatrics and Neonatal ICU
 - Neurology, Neurosurgery and Neurosurgery ICU
 - Cardiothoracic Surgery and ICCU
 - Respiratory Diseases and IRCU
 - General Medicine and Surgery
 - Medicine and MICU
 - General Surgery and Oncology
 - Community Based Rehabilitation
 - Geriatrics
 - Sports Medicine

KEY SKILLS:

- Strong communication skill.
- Easy and convincing handling of patients.
- Willing and eager to perform.
- Hardworking and determined

EXTRA CURRICULAR ACTIVITIES & SKILLS:

- Dancing(trained in classical dance, Bharatnatyam)
- Badminton(2 years championship in singles and mixed doubles during UG course)
- Athletics(gold medallist in interschool sports meet, Jorhat in 2003 and silver medallist in inter district sports meet)

WORKSHOPS & SEMINARS ATTENDED:

- Attended a hands on workshop at Guwahati, organized by College of Physiotherapy and Medical Sciences, Bamunimaidan on “Manual Therapy in a Clinical Reasoning Perspective, Manual Therapy for Spine and Peripheral Joints”Dr. K.Ramachandran M.P.T(Osteomyology) 3-7th April, 2009.
- Participated in a workshop at Guwahati organized by College of Physiotherapy and Medical Sciences, Bamunimaidan on “Proprioceptive Neuromuscular Facilitation”, “Basic Fundamentals on Neurodevelopmental therapy” and “Motor Relearning Programme” Dr. T.Joseley,M.P.T((Paed.neuro),Assc. Professor, Srinivas College of Physiotherapy, Mangalore,25-31 May,2009
- Participated in the 31st Continuing Orthopaedic Education Programme held at Guwahati, organized by North-East Orthopaedic Surgeons Association and Orthopaedic Research and Education Foundation on 6th-8th September,2013.

- Attended the National Physiotherapy Conference “PHYSIOASOM-2014” held at Guwahati, organized by Dept. of Physiotherapy, GMCH Guwahati in association with All Assam Physiotherapy Association, on 23rd-24th May 2014.

QUOTATION AS A PT PROFESSIONAL:

- This is a gloriously growing profession which not only trains us to become an expert therapist in this arena by showing us what lies beyond the word ‘therapy’ but also imparts in us a responsibility and moral value towards a healthier nation.

DECLARATION:

It is certified that the above information is true to the best of my knowledge. I promise to satisfy my superiors to the best of my ability.

Place: Jorhat

BEGUM AFFRIN ZAMAN